

NEWSLETTER



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The
Hub
DERBYSHIRE



JULY 2025



As a not-for-profit organisation, the team at **The Hub Plus** put **YOU** first. We care about people and want to help **YOU** and **YOUR team** to achieve the most with your wellbeing, aspirations, career goals, and empower personal growth.

Explore the Hub Plus website

The Hub Plus - Supporting our General Practice family on their Primary Care journey.

People Promise



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What's new in Derbyshire Primary Care

Derbyshire Mentoring offer – GPs and Nurses

Since January this year, our **Derbyshire Mentoring Offer** has gone from strength to strength – with **over 277 hours** of mentoring delivered, supporting GPs and nurses across the Derbyshire.



Our **FREE** 6-hour mentoring offer flexible support is available to **any** GP or nurse working in Derbyshire primary care - no matter your career stage.

Whether you're navigating transitions, looking for growth, or just needing space to reflect – **we're here for you.**

Here's what some of our participants have said:

“Most people don't realise how different it would be when you become an independent practitioner, the fellowship program has been very supportive and I'm grateful”

“I have had some problematic patients over the last week and it is so reassuring to know I have a whole session set aside soon that I can be guided to talk through”

“Guided me with areas of interest and how to pursue that i.e. medical education. Offered support during challenging times”

Ready to receive the support you deserve?

Simply complete the following 3-minute **Expression of Interest (EOI) form**, and our dedicated team will reach out to you

The Derbyshire General Practice Long Service Awards

The Derbyshire General Practice Awards aim to honour and celebrate the unwavering dedication of individuals who have devoted 25 years or more of their careers to the NHS.

Our goal is to express our gratitude to these remarkable professionals, whose devotion to primary care has played a crucial role in enhancing the health and well-being of their communities across Derbyshire.



We have now successfully hosted two cohorts at beautiful venues across Derbyshire. Over the two Long Service events we have now honoured over 150 recipients, which is a fantastic achievement!

For those yet to apply or reaching a new milestone in their incredible Primary Care journey, we are proud to open cohort 3. If you'd like to apply or nominate a colleague, please [click here](#) and visit our website where you can download an application form.

Coming Soon... New to Practice (N2P) Celebration Evening



Planning is underway for the New to Practice (N2P) Celebration Evening, designed to create a meaningful and inspiring experience for new professionals entering general practice.

Centred around the theme “**The Magic of General Practice,**” the event will honour their transition, highlight the human connection and impact of the profession, and foster a sense of identity and belonging.

The event will take place on **Wednesday 19th November** in the evening and will be bookable on our events calendar soon!

Please note: This event is aimed at the New to Practice GPs & Nurses and Fellows in Derbyshire.



In The World Of Derbyshire Primary Care

Applications now open: Next Generation GP East Midlands 2025

This year's Next Generation GP East Midlands is open – a dynamic leadership programme for early-career GPs and GP trainees (ST3+ from Sept 2025, including those within 5 years post-CCT).

Through inspiring sessions with primary care leaders, you'll explore new opportunities, grow your leadership skills, and build a supportive peer network.

Open to GPs and trainees across Nottinghamshire, Derbyshire, and Leicestershire. Fully funded places available (travel not reimbursed). Sessions run on weekdays and may require study leave.

Commitment: Attend at least 4 of 5 sessions and complete a short evaluation.

Apply by 31st July 2025: [Apply here](#)



New to Practice: Ongoing Support for Early Career GPs and Nurses

Are you a newly qualified GP or nurse, or just starting out in general practice? Our New to Practice (N2P) programme is here to support you as you begin your journey in Primary Care.

While there is currently no external funding for the programme, we continue to offer a valuable opportunity to:

- Connect with peers at a similar career stage
- Stay up to date on key CPD topics through monthly educational sessions
- Build confidence and share experiences in a supportive environment

We also offer access to our New to Practice WhatsApp group—a space for sharing tips, resources, and peer support. To join, simply [click here](#) and complete this short form.

Universal QUEST – Protected Learning Time

Why not join one of our upcoming focused learning sessions designed to support your Protected Learning Time on Wednesday afternoons.

- Wed 16th July, 13:30–15:30: **Customer Care in Healthcare (All Staff)**
- Wed 16th July, 13:30–15:30: **Mental Health Clinical Update – Local Pathways for Children, Young People, and Adults (Clinical Staff)**
- Wed 10th September, 13:30–15:30: **Supporting Deaf Patients (with Basic BSL training) (All Staff)**
- Wed 10th September, 13:30–15:30: **Lung Cancer Screening & Diagnosis (Clinical Staff)**
- Wed 17th September, 13:30–15:30: **Supporting Deaf Patients (with Basic BSL training) (All Staff)**
- Wed 17th September, 13:30–15:30: **Lung Cancer Screening & Diagnosis (Clinical Staff)**

To find out more about Universal QUEST, please [click here](#)

Calling all past and present apprentices

We want to hear from you!

If you have completed or are currently completing an apprenticeship, please get in touch with The Hub Plus to share your experiences and any tips you have. Your insights can inspire and guide others.

We'd love to hear from you, email:
ddlmc.thehubplus@nhs.net

Are you a new to General Practice nurse?

Funded spots available for Practice Nursing PG Cert

This course covers the essential skills required to become a GPN, such as: cervical cytology, wound management, contraception and sexual health, chronic disease management and more!

Ideal for both newly qualified or new to general practice nurses.

Interested? [Click here](#) to fill out the DMU application.

Please Note: Places are limited. The closing date for applications is **Friday 22nd August** for September applications and **Friday 12th December** for January applications

Join the Midlands Pharmacy Network

The NHS Futures workspace is regularly updated with the latest news, training offers and faculty groups. Consisting of 11 integrated care systems and 42 trusts, the Midlands Pharmacy Network also offers a Foundation Year Training DPP Support Workspace packed full of articles, discussion forums, FTPP resources and Independent Prescribing university course information.

If you'd like to know more about the Midlands Pharmacy Network, please [click here](#).



Freedom to Speak Up – Service continues despite Government News

The UK government has recently announced plans to abolish the National Guardian Office as part of a broader restructuring of the healthcare system. We are unsure what this means for primary care FTSU services nationally but echo the NHS Confederation's view to reinforce leaders and systems that staff and patients still need safe spaces to speak up.

Our Derbyshire Primary Care Freedom to Speak Up Guardian service remains open to all staff in General Practice up until 31st March 2026 and is made possible by investment from The Hub Plus, Derby and Derbyshire LMC and GP Provider Board. We are in discussions with commissioning bodies around longer-term funding post March 2026 and will keep practices and PCNs informed. In the meantime, our FTSU Guardian Linda Cross and the Hub Plus team remain dedicated to providing Speak Up support for practices and staff having received over 300+ Speak Up queries from staff and practices since Summer 2023 and 45 Speak Up Cases handled and training delivered across the majority of PCNs and Practices in Derbyshire.

For more information, please contact linda.cross@nhs.net

The Hub

DERBYSHIRE



Training Spotlight:

Clinical Update Session: Back Pain -
when should we worry about
stenosis and myelopathy.



12:30–13:30



22/07/25



Online

Learning Objectives:

1. Natural history of myelopathy - is it inevitable?
2. Treatment options and timing
3. What makes myelopathy and stenosis urgent

Additional Support

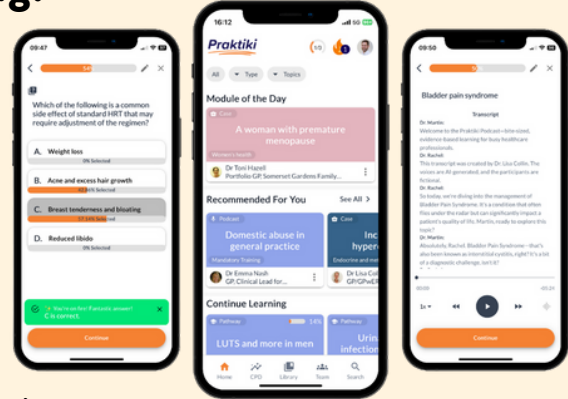
Stay up-to-date and earn CPD in just 5 minutes a day

Praktiki's case-based microlearning reinforces knowledge and strengthens clinical decision-making.

- Only 5 minutes per module – fits into busy schedules
- Automatic CPD tracking – download or syncs with 14Fish
- Trusted by 1,500+ GPs – more joining every week
- Free for UK clinicians – core content will always be free

Praktiki from iOS App Store

Praktiki from Android App Store



Visit **www.praktiki.io** to find out more.

Save the Date – Update Day for Derbyshire GPs



09:00–16:00



14/10/25



**RTC Business Park, London Road
Derby, DE24 8UP**

What to expect from the session:

Updates for respiratory, gastroenterology and paediatrics. Workshops on AI, leadership. Movement exercises for posture/back pain from the wellbeing team.

More information will be available soon.

Oliver McGowan Tier One Sessions

Please find links to tier 1 part 2 of the NHS England Oliver McGowan mandatory training in learning disabilities and autism below:



**OLIVER'S
CAMPAIGN**

14th July 10 - 11am

<https://forms.office.com/e/4Jx6jJZ9Kb>

[Join the meeting now](https://forms.office.com/e/4Jx6jJZ9Kb)

16th July 3 - 4pm

<https://forms.office.com/e/4Jx6jJZ9Kb>

[Join the meeting now](https://forms.office.com/e/4Jx6jJZ9Kb)

21st July 10 - 11am

<https://forms.office.com/e/4Jx6jJZ9Kb>

[Join the meeting now](https://forms.office.com/e/4Jx6jJZ9Kb)

28th July 10 - 11am

<https://forms.office.com/e/4Jx6jJZ9Kb>

[Join the meeting now](https://forms.office.com/e/4Jx6jJZ9Kb)

30th July 3 - 4pm

<https://forms.office.com/e/4Jx6jJZ9Kb>

[Join the meeting now](https://forms.office.com/e/4Jx6jJZ9Kb)

Webinars last for 90 minutes. You must complete the full session for compliance to be recorded.

In Other News...

Hub Plus on the Move

We've had a brilliant time visiting practices across Derby and Derbyshire. So far, we have met over 180 of our fantastic colleagues!

We have learnt a lot about how we can further support our primary care family. We don't plan on stopping anytime soon.

We will be seeing at least 150 more brilliant primary care staff very soon and we can't wait!

If you'd like us to visit your practice, please don't hesitate to get in touch—we'd love to hear from you!



From Classroom to Clinic: University of Derby Work Experience

Working in collaboration with the [University of Derby](#), we helped design and deliver a powerful, exciting and hands-on clinical work experience. 36 outstanding Year 12 aspiring medical students from across Derbyshire were selected and invited to take part in a unique, hands-on experience that brought the world of medicine alive.

Under the guidance of paramedics, resident doctors, and current medical students, each participant took on the role of a clinician, building both confidence and capability. Students stepped into a simulated GP clinic, applying their knowledge to assess patients, complete medication reviews, manage notes, and order investigations.



Students were able to take part in a clinical immersion experience, which included:

- ◆ Mock ward rounds
- ◆ Nasogastric tube insertions
- ◆ Blood tests
- ◆ Patient assessments
- ◆ Emergency resuscitation scenarios

Thank you to all the fantastic students who took part, the University of Derby, Liz Bailey and the Widening Participation Team for their passion, skill, and dedication of Derbyshire's future medics.

If you'd like to find out more about University of Derby Widening Participation, please [click here](#).